LADIES GROUP COACHING WITH SEB





How to sign up?

Text/Whatsapp Seb at 07572430636.

Please include which session date(s) & time(s) you wish to sign up for.

You will then be invited to join the 'Ladies Group Coaching w Seb' Whatsapp chat. This is where I share all details for upcoming sessions.

I look forward to seeing you there!

UPCOMING SESSION DATE & TIMES

Friday 14th November 8.30am & 3pm

Thursday 27th November 2pm & 3pm

Tuesday 2nd December 2pm & 3pm

Thursday 11th December 3pm

Thursday 18th December 3pm

£15 per session 60mins





